“Water is fundamental for life and health. The human right to water is indispensable for leading a healthy life in human dignity. It is a pre-requisite to the realization of all other human rights.” —The United Nations Committee on Economic, Cultural and Social Rights, Environment News Service, November 27, 2002
If you were selected to attend the ToT you must register through this online form: [http://bit.ly/1ldUGqG](http://bit.ly/1ldUGqG).

It is crucial for the hosting network to have this information on you by **August 31st** the latest, in order to successfully plan the capacity development activity.

**Hosting Network:** REDICA is the Central American network working on IWRM and capacity development with Cap-Net for the past 12 years. For more information on REDICA and the work we do visit [www.REDICAnetwork.com](http://www.REDICAnetwork.com).

**Costa Rica** is a small country of only 51,000 square kilometers between the Caribbean and the Pacific seas. Although it is a tropical country, during the month of October you will encounter the **rainy season** with frequent rains in the afternoons and temperatures between 26-21°C.

The activity will take place at the **Studio Hotel** in Santa Ana; it is a fairly new boutique hotel with an emphasis on Costa Rican art. It is decorated with unique pieces and individuality. For a direct look at the hotel and conference room visit [http://www.costaricastudiohotel.com](http://www.costaricastudiohotel.com).

**Traveling:** You will be arriving at the Juan Santamaría International Airport (SJO) in the outskirts of Alajuela, a few minutes away from the capital. We will coordinate your transportation to Studio Hotel as soon as we receive your travel details. You should look out for REDICA’s logo when exiting the Customs area.

**Visa requirements** are a participant’s responsibility but we will be of assistance during that process. We can provide you with official letters and support through the local offices; the average amount of time to get the travel permit is 1 month. Please see the information attached to check if you need a visa or if you already have one of the exceptions to the requirement.

**Local contacts:** We are available in case you need anything or have questions that need answers, just write to redicamerica@gmail.com or add us on Skype: redicanetwork or call Laura at +506 8713 9686.